

## Easy Skillet Squash

2 Lbs. Summer Squash, sliced into coins  
1 Onion, cut up  
2 Cloves Garlic, diced  
1/4 Cup Butter (can sub. Avocado Oil or Bacon Grease)  
1 Cup Grated Cheese, Cheddar or Provolone  
Salt and Pepper to taste

Melt Butter in frying pan or skillet  
Put everything but cheese into frying pan  
Cook 10 to 15 Minutes (until squash is done)  
Cover with Cheese  
Put under broiler until cheese is golden brown

Serves 4 This recipe can be doubled or halved easily!  
*Add 1 Lb. your favorite sausage for 1 dish meal.*  
*This recipe is GLUTEN FREE.*